MERIT BADGE SERIES



DENTISTRY



STEM-Based

BOY SCOUTS OF AMERICA MERIT BADGE SERIES

DENTISTRY



"Enhancing our youths' competitive edge through merit badges"



Requirements

- 1. Using X-ray (radiographic) films and with your counselor's guidance, study the tooth structure and look for decay. Then do the following:
 - a. Using the radiographs as a guide, draw a lower molar.
 Label its parts and surfaces. Show surrounding structures such as bone and gum tissues.
 - b. Show on your drawing where the nerves and blood vessels enter the tooth
 - c. Show on your drawing where bacterial plaque is most likely to be found.
- 2. Do the following:
 - a. Tell or write about what causes dental decay and gum disease. Tell how each of the following contributes to dental decay and gum disease: bacterial plaque, sugars, and acid.
 - b. Tell the possible causes for traumatic tooth loss, describe the types of mouth guards used to help prevent tooth trauma, and list the athletic activities during which a person should wear a mouth guard.
 - Explain the first-aid procedure for saving a tooth that has been knocked out.
 - d. Discuss how the use of tobacco products can negatively affect your oral health.



3. Arrange for a visit with a dentist. Before you go, ask whether your visit can include a dental examination and a plaque-control demonstration. Afterward, ask questions about things you want to know. Then tell your counselor what the dentist does during a checkup examination.

4. Do TWO of the following:

- Name at least five instruments and five pieces of equipment a dentist uses.
- b. With the help of a dentist, prepare a dental stone cast using a vibrator, a mixing bowl, a water measure, a plastic measure, model stone, and a spatula.
- c. Keep a record of everything you eat for three days. Circle those items that may provide the sugars that bacterial plaque needs to make acid. List snacks that you should avoid to help maintain the best oral health.
- 5. Discuss with your merit badge counselor the following:
 - a. How fluorides help prevent tooth decay and the ways fluorides can be provided to the teeth.
 - b. How the mouth is related to the rest of the body. Topics might include chewing, saliva, enzymes, nutrition, and speech.

6. Do TWO of the following:

- a. Make a model tooth out of soap, clay, papier-mâché, or wax. Using a string and a large hand brush, show your troop or a school class proper toothbrushing and flossing procedures.
- b. Make a poster on the prevention of dental disease. Show the importance of good oral health.
- c. Collect at least five advertisements for different toothpastes. List the claims that each one makes.
 Tell about the accuracy of the advertisements.



- d. Write a feature story for your school newspaper on the proper care of teeth and gums. Include in your story how the use of tobacco products can negatively affect a person's oral health.
- e. Make drawings and write about the progress of dental decay. Describe the types of dental filling and treatments a dentist can use to repair dental decay problems.
- 7. Learn about career opportunities for both Doctor of Dental Surgery (D.D.S.) and auxiliary dental professions. Pick either general dentistry OR a dental specialty, plus one auxiliary dental profession. Find out about the education, training, and experience required for these two professions. Discuss these with your counselor, and explain why these professions interest you.



Dentistry Resources

Scouting Literature

First Aid, Medicine, and Public Health merit badge pamphlets

For more information about or to order Scouting-related resources, visit the BSA's online retail cataolog at http://www.scoutstuff.org.

Books

- Betancourt, Jeanne. Smile!

 How to Cope with Your Braces.

 Alfred A. Knopf, 1982.
- Brazis, D.D.S., Steven J. Your Children's Teeth: A Parent's Guide to Saving Money at the Dentist.
 CreateSpace, 2010.
- Breiner, Mark A. Whole-Body Dentistry: Discover the Missing Piece to Better Health. Quantum Health Press, 1999.
- Friedman, Jay W. Complete Guide to Dental Health. AuthorHouse, 2002.
- Ichord, Loretta Frances. *Toothworms* and Spider Juice: An Illustrated History of Dentistry. The Millbrook Press, 2000.

- Klatell, Jack, Andrew Kaplan, and Gray Williams Jr. *The Mount Sinai Medical Center Family Guide to Dental Health*. Macmillan Publishing Company, 1991.
- Kulacz, D.D.S., Robert, and Thomas E. Levy, M.D., J.D. *The Roots of Disease: Connecting Dentistry & Medicine.* Xlibris, 2002.
- Lee, McHenry, Joleen Jackson, and Vicki J. Audette. I Hate Dentists! The Feel Good Guide to Going to the Dentist. IHD Publishing, 1999.
- Marsoli, Lisa Ann. *Things to Know About Going to the Dentist*. Silver Burdett Company, 1984.
- Ring, Malvin. *Dentistry: An Illustrated History.* Harry N. Abrams Inc., 1992.
- Taintor, Jerry F., and Mary Jane Taintor. The Oral Report: The Consumer's Common Sense Guide to Better Dental Care. Ballantine, 1989.
- Ward, Brian R. *Dental Care*. Franklin Watts, 1986.
- Wynbrandt, James. *The Excruciating History of Dentistry: Toothsome Tales and Oral Oddities From Babylon to Braces.* St. Martin's Press. 2000.

Organizations and Websites Academy of Comprehensive Esthetics

Website: http://www.ACEsthetics.com

Academy of General Dentistry

Toll-free telephone: 888-243-3368 Website: http://www.agd.org

American Academy of Cosmetic Dentistry

Toll-free telephone: 800-543-9220 Website: http://www.aacd.com

American Academy of Dental Sleep Medicine

Website: http://www.aadsm.org

American Academy of Oral and Maxillofacial Pathology

Toll-free telephone: 888-552-2667 Website: http://www.aaomp.org

American Academy of Oral and Maxillofacial Radiology

Website: http://www.aaomr.org

American Academy of Pediatric Dentistry

Website: http://www.aapd.org

American Academy of Periodontology

Website: http://www.perio.org

American Association of Endodontists

Toll-free telephone: 800-872-3636 Website: http://www.aae.org

American Association of Oral and Maxillofacial Surgeons Website: http://www.aaoms.org

American Association of Orthodontists

Website: http://www.braces.org

American Association of Public Health Dentistry

Website: http://www.aaphd.org

American College of Prosthodontists

Website: http://www.prosthodontics.org

American Dental Assistants Association

Website: http://www.dentalassistant.org

American Dental Association

Website: http://www.ada.org

American Dental Education Association

Website: http://www.adea.org

American Dental Hygienists' Association

Website: http://www.adha.org

American Dental Society of Anesthesiology

Website: http://www.adsahome.org

American Society of Dentist Anesthesiologists

Website: http://www.asdahq.org

Dentalsite

Website: http://www.dentalsite.com

HealthWeb

Website: http://www.healthweb.org

Acknowledgments

The Boy Scouts of America is grateful to Kent Smith, D.D.S., for his expertise and assistance with this merit badge pamphlet. Thanks to Dr. Smith and Dr. Jeff Roy for the use of their facilities at 21st Century Dental in Irving, Texas. We thank Dr. Smith, Dr. Roy, and their staff members, who went beyond the call of duty to help make possible the photography in this edition of the *Dentistry* merit badge pamphlet.